Yamhill Fire Protection District

USFA & NFPA 1584

FIREFIGHTER REHABILITATION FORM

LEGAL DOCUMENT – DO NOT DISCARD

Incident Name: _____

Date: _____ / _____ / _____

FIREFIGHTER INFORMATION

Name:

Log-In Time: _____ : _____ Log-Out Time: _____ :

Unit: Agency:

PPE Level: ❒ Duty Uniform ❒ Structure ❒ Wildland ❒ | Radio #:

Comments, Medical Concerns, Allergies

Age: _____

❒ Male ❒ Female

Heat Symptoms

❒ Nausea ❒ Weakness ❒ Headache ❒ Sunburned
❒ Cramping ❒ Seizure ❒ Flushed Skin ❒ Exhaustion
❒ Dehydration ❒ Mental Confusion ❒ Absence of Sweating
❒ Shortness of Breath ❒ Rapid Heart Rate

Cold Symptoms

❒ Headache ❒ Low BP ❒ Numbness ❒ Blisters
❒ Dehydration ❒ Muscle Rigidity ❒ Mental Confusion
❒ Slow Pupil Response ❒ Waxy Pale Skin

Vital Signs

Time	B/P	Pulse	Respiration	Temperature

NFPA 1582 - 9.4.20.1 Uncontrolled Hypertension Defined as

❒ Systolic Pressure >180 mm Hg
❒ Diastolic Pressure >100 mm Hg
❒ Hypertension with the presence of target organ damage

Compromises the member's ability to safely perform essential job

Oral Intake

❒ Electrolyte _____ oz ❒ Water _____ oz ❒ Food

Weather

Temp	Wind Chill	Humidity	Heat Index

Carbon Monoxide Exposure Assessment

Was Firefighter Exposed to Smoke? ❒Yes ❒No

Initial Carbon Monoxide Assessment Parameters

0 – 5% Normal
5 – 10% Normal in a Smoker
>10% Abnormal – Consider High Flow Oxygen
>15% Significantly Abnormal – Treatment Mandatory

Initial Carbon Monoxide Reading SpCO% = _____

Carbon Monoxide Reassessment Parameters

0 – 5% Acceptable
5 – 10% Consider High Flow Oxygen Until <5%
>10% Abnormal - Assess Symptoms – High Flow Oxygen
>15% Significantly Abnormal – Treatment Mandatory

Carbon Monoxide Reassessment Reading SpCO% = _____

CO / Oximetry Readings

Time				
Spo2				
SpCO				

Rehabilitation Procedure

NFPA 1584 – Chapter 6

6.1.1 Rehabilitation operations shall commence whenever emergency operations or training exercises pose a safety or health risk to members

6.1.4 Members shall undergo rehabilitation following:

❒ The use of a 2nd 30-minute SCBA
❒ A single 45-minute SCBA
❒ A single 60-minute SCBA
❒ 40 Minutes of intense work without an SCBA

6.2.2.1 Members entering rehabilitation for the first time shall rest for a minimum of 10 minutes and longer where practical

6.2.2.2 Members shall rest for a minimum of 20 minutes following:

❒ The use of a 2nd 30-minute SCBA
❒ A single 45-minute SCBA
❒ A single 60-minute SCBA
❒ 40 Minutes of intense work without an SCBA

6.2.2.2.2 The member shall not return to operations if he/she does not feel adequately rested

1. Rest: ❒ Yes ❒ No Minutes: _____
2. Hydration: ❒ Yes ❒ No
3. Cooling: ❒ Yes ❒ No ❒ Active ❒ Passive
4. Warming: ❒ Yes ❒ No
5. Medical Monitoring: ❒ Yes ❒ No
6. Relief from Climate: ❒ Yes ❒ No
7. Calorie & Electrolyte Replacement: ❒ Yes ❒ No
8. Emergency Medical Care Provided ❒ Yes ❒ No
9. Accountability Documentation Completed: ❒ Yes ❒ No

Released By: _____
Print Name

Signature: _____ Time: _____ : _____